

# **Effectiveness of Structured Teaching Program on Management of Aggressive Patients among Staff Nurses at selected Psychiatric Hospitals, Hyderabad, Andhra Pradesh.**

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**Abstract:** Anger need not be a negative expression. It is a normal human emotion that, when handled appropriately and expressed assertively, can provide an individual with a positive force to solve problems and make decisions concerning life situations. Anger becomes a problem when it is not expressed aggressively. Violence occurs when individuals lose control of their anger. **OBJECTIVE:** 1) To prepare and validate the Structured Teaching

Programme (STP) on Management of Aggressive Patients. 2) To assess the knowledge regarding Management of Aggressive Patients among Staff Nurses before and after administration of Structured Teaching Programme. 3) To evaluate the effectiveness of STP regarding Management of Aggressive Patients among Staff Nurses. 4) To find out the association between the knowledge of Staff Nurses regarding Management of Aggressive Patients with selected socio demographic variables. **METHODOLOGY:** Quasi- experimental one group pre test and post test design was adopted. Structured Knowledge Questionnaire was used to collect the data from the Staff Nurses. Totally 30 samples were participated. **RESULTS:** The result revealed that calculated 't' value 10.8 was higher than the tabulated 't' value 02.05. It shows that STP was found to be Effective. The result shows that there is a significant increase in level of knowledge on Post Test. Hence, Research Hypotheses (H1) was accepted.

**Conclusion:** The following Conclusions were drawn based on the findings of the study. The Staff Nurses improved their confidence towards Management of Aggressive Patients

**Keywords:** Anger, Aggressive Patients, violence