

The coping strategies in wives of Alcoholics at Budhwarpetta, Kurnool

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Abstract: consumption is a major cause of public health concern both in the urban and rural areas. Addiction to alcohol has become a problem for the individual family and the community. The wives of alcoholics use various adaptive and maladaptive coping behavior to restore the equilibrium and to relieve stress; this can lead to increased stress perception and crisis. **Aim:** This study aimed to assess the coping strategies in wives of alcoholics at Budhwarpetta, Kurnool **Methodology:** A cross - sectional descriptive design study was conducted at Budhwarpetta, in Kurnool District. Sample sizes of 25 alcoholic wives were selected by simple random sampling technique. Study uses structured questionnaire and coping check list was prepared for the wives of alcoholics. **Results and Conclusion:** The results reveal that with regard to out of 25 subjects, 32%(8) had below average knowledge, 36%(9) had average knowledge level and 32%(8) had above average knowledge level regarding coping strategies of alcoholism. This study concluded that still there is a need to adopt with the coping behavior to adjust with alcoholic husband

Key words: Coping strategies, alcoholic wives, knowledge.