

Knowledge regarding diet of patients with kidney transplantation among staff nurses

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ABSTRACT: Kidney transplantation is the treatment of choice for clients with end stage of kidney disease. Kidney transplantation allows the recipient to enjoy a much less restricted life style. The care for the clients undergoing renal transplantation includes provision of good diet. **Objective:** To assess the level of knowledge regarding diet of patients with kidney transplantation among staff nurses and in Narayana Medical College and Hospital. **Materials and Methods:** Descriptive cross sectional design and convenient sampling technique was followed which included 60 samples. Data was collected using structured questionnaire. Data analysis was done with SPSS. **Results:** Shows that with regard to level of knowledge regarding post-operative care of patients with kidney transplantation among staff nurses 8(13.3%) had inadequate knowledge, 48(80%) had moderately adequate knowledge and 4(6.7%) had adequate knowledge. **Conclusions:** The present study concluded the level of knowledge of staff nurses regarding diet of patients with kidney transplantation is moderately adequate.

Keywords: kidney transplanatation, knowledge ,diet, staff nurses