

Knowledge on Enema among Nursing Students

Prof. A. Viji

Dept of OBG

Narayana College of Nursing,

Chinthareddypalem,

Nellore

Abstract: An enema involves inserting a liquid or gas into the rectum, which is the lower part of large intestine. The aim of enema is to empty the bowels and also allows for an examination or administration of medication. An enema administration is a technique used to stimulate stool evacuation. It is a liquid treatment most commonly used to relieve severe constipation. Objectives: To assess the level of knowledge regarding enema and find association between level of knowledge regarding enema among III year B.Sc (N) students with selected demographic variables. Materials and Methods: A quantitative research approach and descriptive research design was adopted. 60 participants who fulfill the inclusion criteria were selected by non probability convenient sampling technique. Structured questionnaires were used to collect data. The data was analyzed in terms of objectives of the study using descriptive and inferential statistics. Results: Out of 60 students, 3(5%) had A+ grade (91-100%), 8(13%) had A grade (81-90%), 12(20%) had B+ grade (71- 80%), 20(33%) had B grade (61-70%), 10(17%) had C grade (51-60%), 7(12%) had got D grade (>50%) knowledge. Key words: Enema, Nursing students